





Public Speaking & Presenting with Impact

by Eddie Maguire FIET

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This event can contribute towards your Continuing Professional Development (CPD) as part of the IET's CPD monitoring scheme.



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Growth Mindset





If you're not a confident public speaker it's because you haven't had,

- The opportunity
- The right feedback
- The chance to practice

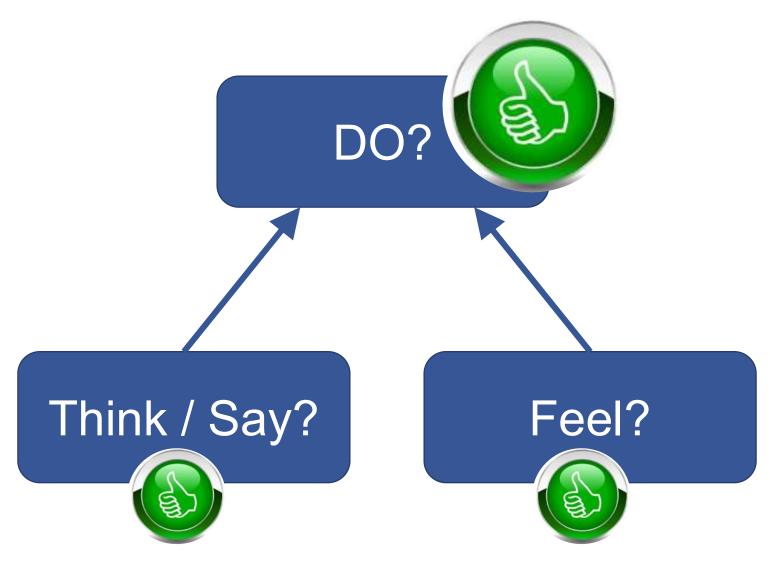
Communicating with Confidence



- Getting your message across It's what you do that counts
 - 1. Content
 - 2. Structure
 - 3. Delivering your message

What's your objective?





Humans communicate through stories





Facts tell...



The **UK** uses 13 billion **plastic bottles** every year. Only 7.5 billion **are recycled**. The remaining 5.5 billion are landfilled, littered, or incinerated. **Landfill** and incineration of **plastic bottles** produces approximately 233,000 tonnes of CO2 emissions a year.

.... but stories sell!

https://www.youtube.com/watch?t
ime continue=18&v=MRt4lEXkDJs



Language – Specific and Vague?



- Specific Facts, Analysis, Actions
- Vague when you want the audience's personal interpretation
- Vivid evoke emotions, images and other senses

Presentation Structure





Opening Remarks

Grab Attention!

Lead-in

Topic / Point 1

Lead-in

Topic / Point 2

Summary
Your 3 Key Messages
Call to Action

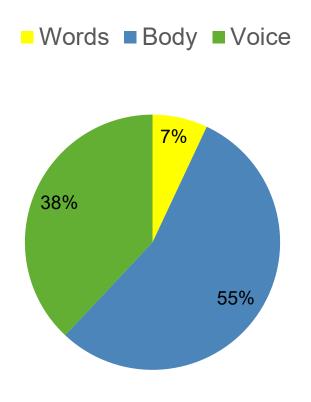
Lead-in

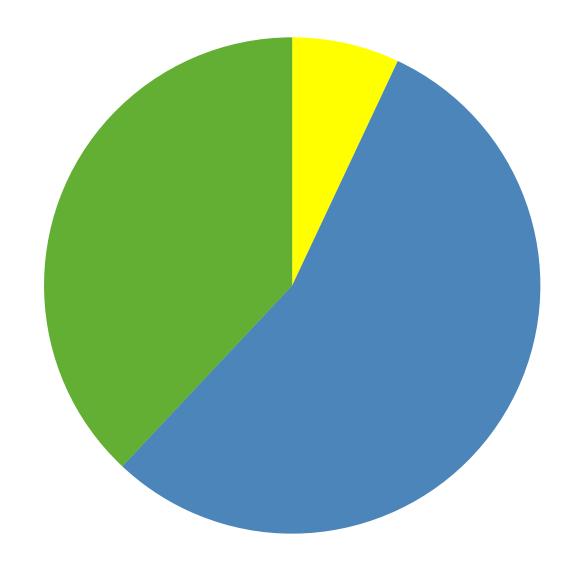
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Topic / Point 3

Where's the Message?







Speaking with your body



- Taking up position
- Movement
 - Gestures
 - Size, weight, shape, direction, location
 - Importance, urgency
 - Comparing & contrasting



- Around the stage
 - Anchor time, viewpoints, people, subjects, comparing, contrasting
- Facial Expression match the content
- Eye Contact
 - Much longer than you think
 - Spotting avoid "radar"





Toastmasters





Power Poses – t minus 5 mins











Structure – use a formula!



Great for questions and impromptu comments

xample

Problem, Solution, Benefits

4 example response structures

What, So what, Now what



Problem, Cause, Solution



THANK YOU

Eddie Maguire +44 7776 203136

www.changewave.co.uk www.linkedin.com/company/changewave